

UROLOGY SPECIALISTS OF ATLANTA, LLC
5673 PEACHTREE DUNWOODY RD, SUITE 910
ATLANTA, GA 30342
404-255-3822

PATIENT: YOU

SURGERY DATE: Given To You By Surgery Scheduler

PROCEDURE: TBD

SURGEON: Dr(s): Freilich, Green, Hill, Hader, Nabors, Patel, Pridjian

FACILITY: Meridian Mark
5445 Meridian Mark Road, Suite 100
Atlanta, Ga 30342

ARRIVAL TIME: Two (2) Hours Prior To Your Surgery Time

SURGERY TIME: Given To You By Surgery Scheduler

PRIOR TO SURGERY: Call Northside Hospital **as soon as you have a surgery date** to speak to the Phone Assessment Nurse at **(404) 459-1200** so that you can be screened to make sure you are safe for anesthesia. Please do not delay your call as they may require additional testing and/or appointments that could result in your surgery being rescheduled if not done with enough time prior to your surgery. The Phone Assessment Nurse will tell you when to hold certain medications (i.e. blood pressure and diabetes medications)

**IT IS THE PATIENT'S RESPONSIBILITY TO CONTACT THE DOCTOR
PRESCRIBING THE BELOW MEDICATIONS FOR PERMISSION TO STOP THEM
BEFORE SURGERY (UNLESS DIRECTLY INSTRUCTED BY YOUR SURGEON
THAT IT IS OK TO CONTINUE THE BLOOD THINNER)**

BLOOD THINNERS

| <u>DRUG</u> | <u>HOW MANY DAYS TO HOLD PRIOR TO SURGERY</u> |
|-----------------------------|---|
| Aspirin | 7 Days |
| Plavix (Clopidogrel) | 5 Days |
| Coumadin (Warfarin) | 7 Days |
| Xarelto (Rivaroxaban) | 3 Days |
| Eliquis (Apixaban) | 3 Days |
| Pradaxa (Dabigatran) | 3 Days |
| Brilinta (Ticagrelor) | 7 Days |
| Motrin (Ibuprofen) | 7 Days |
| Diclofenac, Aleve, Excedrin | 7 Days |
| Effient (Prasugrel) | 7 Days |
| Pletal (Cilostazol) | 7 Days |
| Indomethacin | 7 Days |

Herbal Supplements (including but not limited to Fish Oil, Vitamin E) 7 Days

IF YOU ARE ON ANY BLOOD THINNER NOT ON THIS LIST PLEASE CALL OUR OFFICE TO CLARIFY WHEN TO STOP THE MEDICATION PRIOR TO SURGERY.

*****Be mindful that many over the counter medications include Aspirin and Ibuprofen*****

MEDICATIONS THAT ANESTHESIA REQUIRES YOU TO STOP PRIOR TO SURGERY (Your surgery will be CANCELLED if you do not follow their rules)
(If you have questions regarding your medication contact the doctor that prescribes them)

THE NIGHT BEFORE SURGERY: Per Anesthesia Do Not eat or drink anything after midnight the night before your surgery. However, you may be instructed to take a sip of water so that you may take certain medications. The Phone Assessment Nurse will review this with you.

THE DAY OF SURGERY: In the lobby of the building the personal at the security desk will direct you to the surgery center registration/check in area.

- 1) Bring a government issued photo ID
- 2) Bring your health insurance card
- 3) Do NOT bring valuables or jewelry

PER HOSPITAL POLICY YOU WILL NEED SOMEONE TO DRIVE YOU HOME AND WATCH YOU AFTER YOUR SURGERY AND UBER/LYFT IS USUALLY **NOT** ACCEPTABLE

Please Note: This list is not all inclusive of entire preoperative scheduling process. The Surgery Schedulers will let you know if you need additional steps before your surgery such as: An Anesthesia or Cardiac Clearance or a visit to get blood or urine testing prior to your surgery.